

**Name:**

**Email:**



## ***Equisarte Shows Equestrian SUMMER Fitness Challenge***

***My goal for this challenge:***

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### **Equestrian Fitness Activity Log**

Use the space below to record anything important about your workouts! You may wish to write the date, duration, describe your activity, or anything else. *Can you finish your 25 by September 3<sup>rd</sup>? Be sure to turn in your log anytime from August 15th – September 3<sup>rd</sup> on our website or [equisarteshows@gmail.com](mailto:equisarteshows@gmail.com)*

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